



Supporting councils to improve child health and tackle inequalities



Are you reaching **all children and families** who are entitled to **free school meals** or other **nutrition support**?

Could your **local food strategy** improve with **better collaboration** between departments and stakeholders?

Are you looking to connect with others to **learn, share what works** and help **shape successful policy**?

Visit our website: www.bremnerco.com

Get in touch: info@bremnerco.com

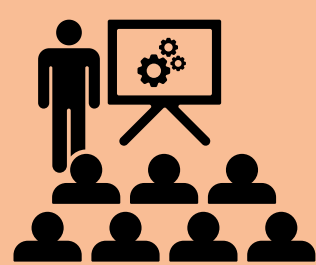
At Bremner & Co we **work with councils** to:



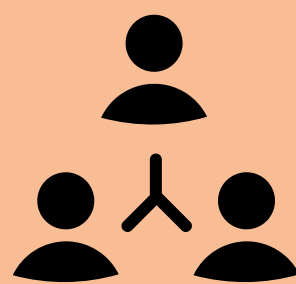
Deliver **research** that gives **practical recommendations**



Offer **strategic insight** that **improves outcomes** for children and families



Co-design **successful** and **scalable** programmes



Build & maintain powerful **cross-sector collaborations**

Who we are

At Bremner & Co, we support local authorities to improve food provision and tackle inequalities in nutrition across the early years, schools and beyond. We focus on the first 8,000 days of life, from pregnancy to early adulthood – shaping long-term health, development and opportunity. Yet food provision during this period is often fragmented, with major disparities in access, quality and funding depending on a child's age, setting and family income.

Our work helps local authorities have time and space to make sense of this complexity and take practical, evidence-informed action. We pay particular attention to the social and structural factors that shape access to good food, recognising the role of food policy in addressing wider health inequalities. We help deliver cost of living and anti-poverty strategies, as well as 'Best Start in Life' policies.

Our team have extensive hands-on experience across government, public health, education, academia and the food system.



Whether you're building a case for change or looking to improve existing programmes and services, we're here to help.

Meet the team at:

www.bremnerco.com/about-us

Bremner & Co

What we do to support councils

Research & evaluation

We help you map, understand and identify gaps in your local food provision, from early years to school meals. Using data and frontline insight, we show what's working and what could be better.

- **Outcome:** Insight that provides the rationale and impetus for change.
- **Example:** We have published national and local early years data showing how far too many young children are missing out on EY pupil premium, healthy start or free school meals.

Expert guidance

We help align priorities, embed equity and plan for impact. Whether developing a food or nutrition strategy or improving governance, we bring a joined-up approach to food policy.

- **Outcome:** Clear, coordinated strategies that deliver real impact.
- **Example:** We have helped scores of councils drive up free school meals registrations through local auto-enrolment schemes, raising millions of extra funding for schools.

Convening & coalition building

We bring people together – from health teams to school leaders and caterers. Through expert facilitation, we help you build the relationships that make positive change happen.

- **Outcome:** Stronger local coordination with a shared vision and plan for change.
- **Example:** Within a long-term partnership with a unitary authority, we delivered a school food transformation programme across the council and with over 100 primary schools.

Service & programme design

We help you design food services that meet local needs – whether reviewing menus, improving training or testing new ideas. Our work is grounded in evidence and shaped by communities.

- **Outcome:** Services that work in practice.
- **Example:** We co-designed training for school business managers on food procurement, provision and delivery of a whole school food approach in a London borough.

Policy & advocacy

We help you make the case for change, from local strategies to national conversations. That could mean shaping policy, highlighting successes or strengthening your voice.

- **Outcome:** Greater influence and investment in existing work.
- **Example:** We supported a large county council in building their early years nutrition strategy, that is now informing national policy conversations.

What our clients say

“The talented and dedicated team at Bremner & Co have helped us build and showcase our work, leading to new introductions and networks, and supporting us to influence national policy and practice. We have learnt so much from the team, and thoroughly enjoy working with them.”

– Wellbeing and Public Health Manager, Essex County Council

“The Bremner & Co team took a professional and caring approach. They actively listened, constructively challenged, and responded to feedback to deliver an excellent package of training, guidance and support.”

– Senior Public Health Programme Manager, Southwark Council

Who we work with

We work closely with leadership teams, public health teams, children's services, finance and procurement, and revenue and benefits teams. For a full list of councils we are working with, please visit our website.

Whether you're just starting out or scaling up your strategy, we'd love to support your next step.

Let's work together.

We're here to help – with insight, tools and energy to support your work, wherever you're starting from. Do please get in touch.

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